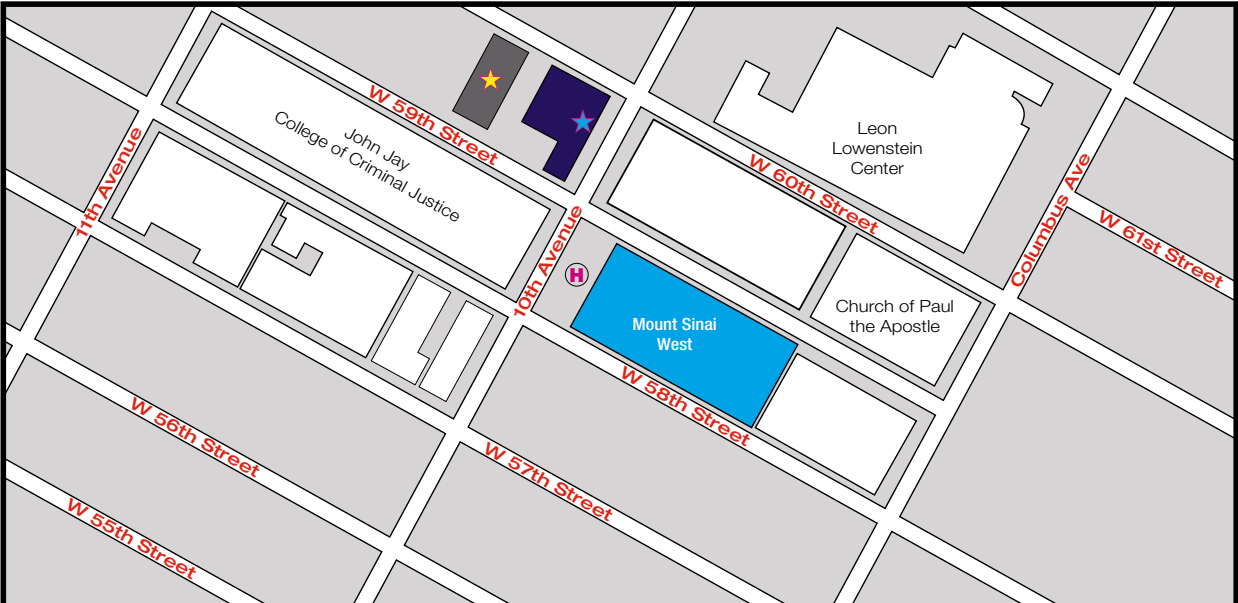


Icahn
School of
Medicine at
Mount
Sinai

**Internal
Medicine
Residency
Program at
Mount Sinai
St. Luke's &
Mount Sinai
West**

Mount Sinai St. Luke's & Mount Sinai West Campus Maps



★ Resident Housing — 515 West 59th Street

★ Resident Housing — 10 Amsterdam Avenue

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Introduction To Our Program



Dear Senior Medical Student:

Welcome and thank you for visiting the Mount Sinai St. Luke's and Mount Sinai West Internal Medicine Residency Program—part of the Graduate Medical Education Program of the Mount Sinai Health System located in New York City. From our dedicated faculty to our diverse patient population, our residency program has all the necessary components to train the outstanding internist and medical specialists of tomorrow.

We are a hospital with a strong history and tradition of serving the community while being rooted in a rigorous, academic training program. We pride ourselves in turning out compassionate physicians who use evidence-based medicine to treat the whole patient. We start with a program that provides much more than the basics of Internal Medicine training. Through rotations on the inpatient wards and outpatient clinics, you will learn how to think like a twenty-first century physician and how to provide the very best care.

In addition to the excellent clinical training in Internal Medicine, our residents are exposed to a diverse group of patients and wide-ranging set of complex medical problems. Our residents get their inpatient clinical training at two large hospitals—Mount Sinai St. Luke's located on the Upper West Side and Mount Sinai West near Columbus Circle. In addition, residents have the opportunity to rotate through Memorial Sloan Kettering Cancer Center. The outpatient rotations are at three Federally Qualified Health Care sites in Manhattan. Dedicated time is spent in our Ambulatory Care blocks, providing continuity of care for patients who in many cases have been underserved by the health care system.

In addition to clinical experiences during the three years at Mount Sinai St. Luke's and Mount Sinai West, our residents have the opportunity to conduct research and develop quality improvement projects all under the guidance of faculty mentors. The hope is to develop a robust research portfolio and well-rounded elective education prior to graduation.

Finally, being part of the Icahn School of Medicine at Mount Sinai brings you additional resources and opportunities. You can do clinical research and electives at sister hospitals during your second and third year and tap into the rich faculty research portfolio. The Mount Sinai Health System, our parent

organization, is an integrated health system structured around seven member hospital campuses and a single medical school, giving an unprecedented breadth of system-wide exposure to the trainee and a robust continuum of care for patients. St. Luke's and West are members of this network of hospitals.

We believe that the greatest testament to our success is that so many of our graduates either remain to pursue fellowship training at our institution or return to become full-time faculty members. So whatever your plans for the future, be it a career in primary care, hospital medicine, academics, further subspecialty training or even a career in government or industry, we will provide you a solid foundation in Internal Medicine and the opportunities for development within your chosen career line.

John Andrilli, MD

*Director, Internal Medicine Residency Program
Mount Sinai St. Luke's & Mount Sinai West*

Samuel L. Seward, Jr., MD

*Chair, Department of Medicine
Mount Sinai St. Luke's & Mount Sinai West*

David C. Thomas, MD, MHPE

*Vice Chair for Education, Department of Medicine
Mount Sinai Health System*

Barbara Murphy, MD

*Chair, Department of Medicine
Mount Sinai Health System*



Why Choose Our Residency Program



By now, you've no doubt read a lot of material about residency programs. Much of it, probably, is beginning to sound the same. How is our program different? We point to our unique history, our location, our diversity of experience, our innovative curriculum including a comprehensive wellness program, and our emphasis on mentoring and professional development as elements that make us stand out from the crowd.

HISTORY AND TRADITION

For more than 150 years St. Luke's Hospital has served New Yorkers living on the Upper West Side. Twenty-one years after the establishment of St. Luke's, Roosevelt Hospital was founded. The two storied institutions were brought together in a merger in 1979, forming St. Luke's-Roosevelt Hospital. SLR, as it was known, joined with Beth Israel Hospital as part of the Continuum Health Partners merger in 1997. In 2013, Mount Sinai and Continuum joined forces to create the Mount Sinai Health System. Two years later, Roosevelt was renamed Mount Sinai West and both it and St. Luke's remain active and vital members of the health system.

The two institutions have a rich history of scientific breakthroughs and of serving the community. St. Luke's was one of the first hospitals in New York City to begin ambulance service and was the first to establish an obesity research center in the United States funded by the National Institutes of Health. West is a leading center for orthopaedic surgery and endovascular neurosurgery. Both institutions have been providing primary care to New Yorkers along the Upper West Side for generations.

LOCATION

The Upper West Side is an excellent catchment area for a diverse patient population as well as an exciting and vibrant place to live. Our patients range from CEOs to the homeless; we care for patients from every ethnicity, nationality, sexual orientation and religious background. It is that diversity that brings us an extraordinarily rich educational experience—one that most residents don't see until much later in their training.

In addition, the Upper West Side of Manhattan is a fabulous place to live. You are surrounded by parks with Central Park to the east, Riverside Park to the west and Morningside Park to the north. There are plenty of opportunities to take in a concert at Lincoln Center, see a play on Broadway or eat at one of the thousands of restaurants throughout the city. The area is a great place for families with a large number of top-rated public and private schools. Nearby public transportation allows you easy access to the entire city,

from Yankee Stadium and the Bronx Zoo to Coney Island and the beaches in Rockaway, Queens.

DIVERSITY OF EXPERIENCE

The bulk of residency training takes place at two hospitals and three ambulatory sites throughout the city. Residents also rotate through one of New York City's prestigious cancer centers.

Mount Sinai West: With 505 beds, Mount Sinai West is a full-service community and tertiary-care hospital with an emergency department serving Midtown and the West Side of Manhattan. Since its founding in 1871, it has placed strong emphasis on primary and specialty care. Located near vibrant Columbus Circle, the catchment area is broad—from the Theater District to the Upper West Side. Mount Sinai West serves a diverse patient population that includes expanding oncology services.

Mount Sinai St. Luke's: With 523 beds, St. Luke's serves as the principal health care provider for the West Harlem and Morningside Heights communities and operates one of Manhattan's few Level 1 trauma centers. It is home to the Al-Sabah Arrhythmia Institute, a world-class, multidisciplinary center specializing in the management of cardiac arrhythmias. St. Luke's also enjoys an outstanding reputation for services in many other medical specialties, including Internal Medicine, Geriatrics, and HIV/AIDS. St. Luke's Hospital also continues to expand its commitment to community-based ambulatory care and access to primary and specialty care.

Ryan Centers: The Ryan Centers are a community-based outpatient clinic network dedicated to providing comprehensive care in a culturally sensitive environment. The centers traditionally serve those New Yorkers who do not normally have access to high-quality medical care. Our residents are assigned to see general medicine patients at one of three sites on the Upper West Side, including 46th Street, 97th Street and 125th Street.

Memorial Sloan Kettering Cancer Centers (MSKCC): Mount Sinai St. Luke's and Mount Sinai West are one of the few residency programs in New York City that offers rotations at Memorial Sloan Kettering Cancer Center, one of the world's premier institutions dedicated to cancer treatment and research. Residents have assigned rotations during their PGY1 and PGY2 years. They work with outstanding attending physicians, clinician/researchers and fellows and have plenty of opportunities to do hematology and oncology research. Many of our residents have served as chief residents at MSKCC and some have been accepted into their prestigious Hematology/Oncology Fellowship.

OUR FACULTY

As a medicine resident at Mount Sinai St. Luke's and Mount Sinai West, you will work with and be mentored by physicians who are dedicated to your education and training. The following is a sample of our program and divisional faculty leadership.

DEPARTMENT LEADERSHIP



Samuel L. Seward, Jr., MD, is the Chair of the Department of Medicine at Mount Sinai St. Luke's and Mount Sinai West and Associate Professor of Medicine (General Internal Medicine) at the Icahn

School of Medicine at Mount Sinai. He is a world authority in a rare genetic disorder, Hermansky-Pudlak Syndrome. He has won numerous local, regional and national awards in teaching, patient care and leadership.



Amy Rosenberg, MD, is Vice Chair for Administrative Affairs for the Department of Medicine at St. Luke's and West. She is extensively involved in quality improvement and patient safety activities for the

department. Dr. Rosenberg also remains actively involved in teaching residents, fellows and students on the Infectious Disease Consult Service.



Gary Burke, MD, is Vice Chair for Operations for the Department of Medicine and Chief of the Division of General Internal Medicine. Dr. Burke is also a member of the Institute for

Healthcare Improvement and is former Director of the New York State Department of Health AIDS Center. He has helped in the dramatic expansion of primary care throughout the Upper West Side of Manhattan through his expertise in population management.

PROGRAM DIRECTORS



John Andrilli, MD, is the Director of the Internal Medicine Residency Program at Mount Sinai St. Luke's and Mount Sinai West. He is an Associate Professor of Medicine (Division of

General Internal Medicine).



Alejandro Prigollini, MD, is the Senior Associate Program Director for the Internal Medicine Residency Program, Associate Professor of Medicine and the Site Director for Mount Sinai St. Luke's.

Dr. Prigollini has served as an APD since 2003. He has been responsible for faculty development in the Division of General Medicine, focusing on the learning environment and direct observation.



Georgina Osorio, MD, MPH, is the Associate Program Director for inpatient services at Mount Sinai St. Luke's for the Internal Medicine Residency Program, an Assistant Professor of Medicine

(Infectious Diseases) and currently Co-Chair of the Ryan White Medical Providers Coalition. She is actively involved in teaching the residents and first year medical students at the Icahn School of Medicine. She received the "Excellence in Teaching Award" from the Class of 2016 for her outstanding contributions.



Tamara Goldberg, MD, is Director of the Primary Care Track, an Associate Program Director for the Internal Medicine Residency, and Assistant Professor of Medicine (General Internal Medicine). Her

focus has been on engaging residents in physician communication skills and quality improvement work, and serving as an adviser for residents interested in primary care.



Erica Vero, MD, is an Associate Program Director and Assistant Professor of Medicine (General Internal Medicine). Dr. Vero is a former Chief Resident at St. Luke's and West and is deeply involved in medical

education. She has been instrumental in the development of the wellness curriculum for our residents.

FACULTY LEADERSHIP

Cardiology:



Jagat Narula, MD, PhD, is Professor and Division Chief of Cardiology at Mount Sinai St. Luke's and Mount Sinai West, the Philip J. and Harriet L. Goodhart Chair in Cardiology, and the Director of

Cardiovascular Imaging Program in Mount Sinai's Zena and Michael A. Wiener Cardiovascular Institute and the Marie-Josée and Henry R. Kravis Center for Cardiovascular Health. He is the Associate Dean for Global Health at the Icahn School of Medicine at Mount Sinai. He is internationally recognized for his contributions to the field of cardiovascular immunology and imaging.



Eyal Herzog, MD, is Director of the Cardiac Care Unit and Director of the Echocardiography Laboratories at Mount Sinai St. Luke's. He is a pioneer in the creation of pathway-based algorithms,

which have become a nationwide phenomenon.

Dr. Herzog is the recipient of numerous awards including "Teacher of the Year" from the Department of Medicine at St. Luke's and West for eight years and the "Distinguished Physician of the Year" at St. Luke's and West in 2010.



Jacqueline E. Tamis-Holland, MD, is an interventional cardiologist and Assistant Professor of Medicine (Cardiology) at Mount Sinai St. Luke's and Mount Sinai West. She is the Associate Director

for the Mount Sinai St. Luke's Cardiac Cath Labs as well as Program Director for the Interventional Cardiology Fellowship. Dr Tamis-Holland is a spokesperson for the American Heart Association, and is on the writing committee for the American Heart Association/American College of Cardiology's "Guidelines for ST Segment Elevation Infarction."



Angela Palazzo, MD, is the Associate Division Director for Inpatient Cardiology Services. She is Assistant Professor of Medicine (Cardiology) and her areas of interest are inpatient services including

QI and advancement in invasive cardiology.

Endocrinology:



Jeanine Albu, MD, is the Chief of the Division of Endocrinology, Diabetes and Nutrition and the Chief of the Metabolism and Diabetes Clinic. She has special expertise in the evaluation and treatment

of obesity and diabetes mellitus. Her research interests are: obesity-related metabolic abnormalities such as glucose intolerance, hyperinsulinemia and insulin resistance, hyperlipidemia and the insulin action on lipid metabolism, body fat distribution and body composition and their influence on metabolism, and energy metabolism and substrate utilization.



Deena Adimoolam, MD, is the Associate Program Director for the Endocrinology Fellowship based at Mount Sinai St. Luke's and West. Her clinical interests

are obesity, weight loss, diabetes and thyroid disorder. She received the Presidential Service Award presented by Former President Bill Clinton for her community service efforts.

Gastroenterology



Michael Smith, MD, MBA, is the Chief of Division of Gastroenterology at Mount Sinai St. Luke's and Mount Sinai West and is Associate Professor of Medicine (Gastroenterology). He has published

extensively on esophageal diseases and has consistently led funded research. His clinical and research interests include Barrett's Esophagus and GERD.



Il Joon Paik, MD, is the Director of Neurogastroenterology and Motility Lab at Mount Sinai St. Luke's and Mount Sinai West. He is an expert in

the digestive disorders of seniors and specializes in swallowing disorders, GERD, reflux and other motility dysfunction. He is Assistant Professor of Medicine (Gastroenterology).

General Internal Medicine



Dipal Patel, MD, serves as the Site Director for the residency program at the William F. Ryan Community Health Center and is Assistant Professor of Medicine (General Internal Medicine).

She is interested in outpatient graduate medical education and is board certified in Internal Medicine, Nephrology and Hypertension.



Ranjan Ginde, DO, is Assistant Professor of Medicine (General Internal Medicine) and his clinical interests are resident education, preventive medicine and other chronic illnesses in underserved urban populations.



Malka Bannet, DO, is an Instructor of Medicine (General Internal Medicine) and a recent graduate of the Icahn School of Medicine. She is interested in medical education, preventive

medicine and quality improvement. She was the recipient of "Teacher of the Year"—Outpatient Faculty for 2016.

Hematology/Oncology



Seth Cohen, MD, is Assistant Professor of Medicine (Hematology/Medical Oncology) and the Site Director for cancer care at Mount Sinai West. His area of clinical focus is management of genitourinary and gynecologic oncology.



Gabriel Sara, MD, is Medical Director of the Mount Sinai West Chemotherapy Infusion Site and Executive Director of the Patient Services Initiative of the Mount Sinai Chelsea cancer program. Dr. Sara is treasured by housestaff for his unwavering dedication to teaching and the care of his patients. He was awarded the "Wholeness of Life Award" by the hospital's chaplaincy in recognition of his holistic approach to patient care.

Hospital Medicine



Grace Farris, MD, is the Chief of the Division of Hospital Medicine at Mount Sinai West and Associate Professor of Medicine (Hospital Medicine). She is primarily interested in quality improvement initiatives related to patient outcomes.



Brian Markoff, MD, is the Chief of the Division of Hospital Medicine at Mount Sinai St. Luke's and Associate Professor of Medicine (Hospital Medicine). Until recently, he was the Associate Program Director for Quality at the Internal Medicine Residency Program at The Mount Sinai Hospital. His interests include quality improvement and high-value care.



Rishi Malhan, MD, is Assistant Professor of Medicine (Hospital Medicine). His interests are value-based care, patient safety, quality improvement, resident teaching and utilization management.



Francois Dufresne, MD, is the Associate Chief of the Division of Hospital Medicine at Mount Sinai St. Luke's and Assistant Professor of Medicine (Hospital Medicine). Dr. Dufresne is no stranger to St. Luke's having worked as a hospitalist after completing his residency. He received "Teacher of the Year"- Inpatient Hospital Medicine for 2016.

Infectious Diseases



Erna Milunka Kojic, MD, is the Chief of Division of Infectious Diseases at St. Luke's and West and is Associate Professor of Medicine (Infectious Diseases). She has published extensively on HIV/AIDS and has consistently been funded by NIH. Her clinical and research interests includes HPV and HIV co-infection including prevention of HPV infection.



Diana Nurutdinova, MD is Director for the combined Infectious Diseases Fellowship at Mount Sinai St. Luke's, Mount Sinai West and Mount Sinai Beth Israel. She is focused on the treatment of individuals with STDs and HIV in the primary care setting.



Jose Fefer, MD is Assistant Professor of Medicine (Infectious Diseases) and is primarily interested in the care of HIV/AIDS patients at our Institute for Advanced Medicine.

Nephrology



Ira S. Meisels, MD, is the Division Chief of Nephrology and Director of Dialysis at Mount Sinai St. Luke's and Mount Sinai West, Co-Chair of the Medical Advisory Board of the National Kidney Foundation of Greater New York and Associate Professor of Medicine (Nephrology). He is a beloved teacher of housestaff.



Steven Smith, MD, is the Program Director of the Nephrology Fellowship and Assistant Professor of Medicine (Nephrology). He has special training and long-term experience in caring for patients with kidney transplants.

Pulmonary/Critical Care



David Steiger, MD, is Professor of Medicine and Chief of the Division of Pulmonary, Critical Care and Sleep Medicine. He is an expert in interstitial lung disease, perioperative medical management, critical care medicine and a researcher in cognitive dysfunction in orthopaedic surgical patients.



Mirna Mohanraj, MD, is the Associate Director of the Pulmonary/Critical Care Fellowship at Mount Sinai St. Luke's and Mount Sinai West and Assistant Professor of Medicine (Pulmonary, Critical Care).

She is also Director of the Lung Nodule Program and Director of the Procedure Service. She is actively involved in teaching the residents quality improvement projects and research.



Janet M. Shapiro, MD, is Associate Professor of Medicine (Pulmonary, Critical Care) and Director of Critical Care Unit at Mount Sinai St. Luke's and beloved teacher of the housestaff. Dr. Shapiro is a

prolific author with special interests in status asthmaticus and critical care of the obstetric patient and is always actively involved in our weekly Morbidity & Mortality Conferences. In practice, she is a paradigm of excellence and ethics in medicine, continuously demonstrating to us by example the art of compassion and empathy during difficult crossroads in patients' lives.

Rheumatology



Yousaf Ali, MD, is Associate Professor and Chief of the Division of Rheumatology. He has received numerous teaching awards including the prestigious Beckwith Family Award. He conducts

clinical research in rheumatoid arthritis.

EDUCATIONAL INNOVATIONS

As a resident at Mount Sinai St. Luke's and Mount Sinai West you will take part in a rigorous training that reflects a spirit of innovation in medical education. While we have the traditional conferences and methodologies for teaching, such as chart review, Morbidity & Mortality, evidence-based medicine and journal club to name a few, our program has a long history of innovation in education.. Many of these improvements are nationally recognized and have been adopted by major medical institutions throughout the country. As our housestaff knows, we are proud of our dynamic reputation and we are not shy to change a system if it improves education and training.

6+2 Ambulatory Block Model: Ours was one of the first residency programs to implement the unique system of two-week ambulatory blocks occurring every eight weeks. A dedicated two-week block allows for a much richer outpatient exposure and makes room for a number of educational activities including work in the Simulation Lab, the communications workshop and evidence-based medicine sessions, to name a few. Apart from Internal Medicine continuity clinics, residents have opportunities to rotate through a wide range of subspecialty clinics. Ambulatory didactics are conducted during two half-day sessions, which include clinical topics and an evidence-based medicine seminar which teaches residents to critically analyze medical literature. Dedicated time is set aside for the Johns Hopkins online modules, which all residents are expected to complete.

No 24-Hour Call: In our program, there is no 24-hour call. To ensure coverage, the Department of Medicine has adopted a universal night float system for inpatient floor rotations and the intensive care units. Residents feel this enhances their learning experience and decreases fatigue associated with overnight call.

Center for Advanced Medical Simulation (CAMS):

We believe that training and educating tomorrow's physician leaders includes not only didactic and book learning, but hands-on experience. The largest simulation center in Manhattan and one of just fifty nationwide, our state-of-the-art center is the only accredited simulation center in New York City providing vibrant and dynamic training for our residents. A standardized curriculum that teaches diverse skills such as communication in stressful situations, procedures such as ultrasound-guided central line insertion and leadership skills in medical code scenarios is taught to all housestaff. Each session in the simulation lab is directly observed by our faculty and each participant of the simulation is debriefed and given feedback at the end of the session. There are also a number of research studies being conducted at the CAMS. Residents rotate regularly through the center during their ambulatory blocks and during their Mount Sinai West floor and ICU blocks. Residents work closely with the faculty of the Sim Center as part of their training.

WELLNESS CURRICULUM

The goal of our Wellness Curriculum is to take our practice of medicine to a higher level of satisfaction, effectiveness and meaning—thus positively changing our lives, the care of your patients and the lives of

those around us. Our overarching goal is to expose residents to a variety of ideas and practices with the goal of strengthening the bonds within our community, alleviating and preventing burnout, fostering empathy, and ultimately improving our care of patients all while finding more meaning and joy in our chosen profession.

We developed a structured Wellness Curriculum during the fall 2015 that incorporates medical humanities, mindfulness training, integrative medicine and even a number of in-house yoga sessions. Over the last year, we added a course called Art inSight through the Metropolitan Museum of Art into our Annual Spring Retreats.

Starting July 2017, a Mount Sinai system-wide effort has been underway to provide additional support to ensure that mindfulness and reflection sessions are offered and available for our housestaff even more regularly and consistently. Most sessions are scheduled within the structure of the categoricals' Ambulatory Curriculum due to the predictable nature of its timing and space. However, all preliminary and rotating interns are invited and supported to attend ALL of our wellness related events. Additionally, we will independently continue to offer and expand our didactics in Integrative Medicine led by Dr. Vani Gandhi.

This year our mindfulness sessions have a particular focus on our PGY1 residents. They are conducted by renowned facilitators who are trained in MBSR (Mindfulness-Based Stress Reduction): Drs. Patricia Bloom and Vani Gandhi, Archimedes Bibiano, and Mickie Brown. Examples of session content include: Mindful Moments Practices, Mindful Speaking/ Mindful Listening, Self Compassion and Compassion, and a Breath Practice to Use with Patients.

Our "Reflection Rounds" are scheduled within the PGY2 and PGY3 residents' Ambulatory Curriculum and are a continuation and expansion of a course that was developed by our very own graduate and author, Dr. Krishna Chokshi. This course is concerned with collectively delving into the meaning of residents' clinical experiences. It utilizes reflective writing practices in response to specific prompts, the close reading of selected texts (e.g. prose, poetry, or relevant journalism), and guided discussion around

key thematic concepts (e.g. Grappling with Loss, Promoting Empathic Communication, Reflecting On What Brings Us Joy). The goals of this course are to foster professional development, reflectiveness, clinical empathy skills, community-building, and bring new and greater meaning to our everyday experiences as physicians.

We are thrilled to have a creative and diverse housestaff who continue to share their passions and unique talents in order to enrich our family's common journey.

MENTORING AND CAREER DEVELOPMENT

One of the most important things the Department of Medicine does is to prepare our housestaff for each phase of their medical careers. The mentoring involves guidance on patient care, teaching and planning life beyond residency.

Morchand Center at the Icahn School of Medicine at Mount Sinai: At St. Luke's and West, we believe that learning to communicate effectively in a dynamic and culturally diverse environment is as important as what is being communicated. We teach these skills through role-playing scenarios so each and every resident develops into an outstanding communicator even in challenging clinical situations. Since we are part of Mount Sinai system, our trainees have access to The Morchand Center at Mount Sinai, a place for communication skills development for the housestaff. All categorical interns go through the sessions with feed back by faculty preceptors and with video recording for personal development.

Mentoring System and Career Development: From your first day as a member of our housestaff you will be assigned a mentor and a chief resident who comprise your mentoring team and will provide guidance throughout your training. You will develop additional mentors — either clinical or research — as you develop more specific areas of interest. And we have rigorous and challenging fellowships in Cardiology, Endocrinology, Gastroenterology, Infectious Diseases, Nephrology and Pulmonary/ Critical Care Medicine. Our goal is to create a web of support and camaraderie for you as you navigate your residency and future graduate medical training.

Special Events: Each year we hold a job fair to

educate our soon-to-be-graduates about their future career options. At the job fair, we discuss interviewing skills, contracts, and successful CV writing among other things. We also have a fellowship workshop to assist our end-of-year PGY2s navigate the process of applying for fellowship. We discuss how to obtain letters of recommendation and interview strategies to ensure a successful match. A research seminar is planned for the fall to assist PGY1s and PGY2s develop their research portfolio.

At the end of the academic year, the Department of Medicine also organizes an annual retreat for rising PGY1s and PGY2s to aid with their transition to their new roles and responsibilities of the next academic year. Residents are guided in teaching methods, learning to give feedback, and taking on team leadership roles as well as improving overall patient care.



Education Tracks



Whether you choose to do a three-year categorical residency, our primary care track, or a one-year preliminary year, our goal is to provide you with a rich and diverse range of clinical training and educational experiences that will prepare you to be an outstanding physician.

To ready graduates for the changing world of academic medicine, our training program includes a full spectrum of patients and medical problems with an emphasis on hands-on training where residents are directly responsible for the care of their patients.

Conferences and Teaching: The Department of Medicine places a strong emphasis on education and teaching. At weekly Department of Medicine Grand Rounds, selected local, national and international experts speak about the latest innovations in their fields. Residents are also encouraged to attend divisional rounds in Cardiology, Pulmonary/Critical Care, Nephrology, Infectious Diseases, Hematology/Oncology, Geriatrics, Psychiatry and Neurology.

Three times a week, residents have Morning Report which is structured as a case-based learning experience for both the simple and complex patients. Faculty participate in this conference, discussing differentials, diagnostic strategies and treatment decisions in an interactive format. At the St. Luke's site, housestaff also participate in Autopsy Conference every other week, a multidisciplinary conference with Radiology, Pathology and Medicine in attendance that takes place in a special conference room in the Pathology suite. Interactive seminars also include weekly Morbidity & Mortality Conference, Journal Club, and an extensive resident wellness curriculum.

Finally, there is a daily noon conference, which is a vital part of our three-year curriculum designed to cover all important topics of Internal Medicine. Speakers include faculty, fellows and PGY3s, who present one senior lecture representative of their scholarly activity.

CATEGORICAL RESIDENCY

After three years of training in Internal Medicine, our residents are fully prepared for any career in medicine they chose to pursue. Each year of training adds progressively more responsibility for both the care of patients and teaching less-experienced learners.

PGY1: As a PGY1, you will be exposed to the breadth and depth of Internal Medicine. You will spend on average two months on the General Medicine floors, admitting both routine and unusual cases. You will begin to learn HIV medicine on our inpatient services for four weeks and Cardiology for another month. You will get the opportunity to fine-tune your neurology examination skills with two weeks on the neurology consult service. All interns have two weeks of electives in Endocrinology to obtain exposure to this subspecialty. Our interns develop skills in the care of critically ill patients in both the CCU and the Medical ICU. A month at Memorial Sloan Kettering Cancer Center (MSKCC) affords the opportunity to be exposed to quaternary-level cancer care.

A typical PGY1 schedule is as follows:

PGY1	Weeks
Gen Med Floors	4-8
Specialty Floors	8-10
MSKCC	4
Elective/Research	2
Night Float	4-6
MICU	4-6
CCU	2-4
Ambulatory Care	12-14
Vacation	4
Selective	4

PGY2: As a PGY2, you gain more responsibility for patient care and supervision of the team on the General Medicine floors and subspecialty teams (HIV, Cardiology). Half of the class has an additional opportunity to rotate through MSKCC. One full month is spent in the Emergency Department and Critical Care units to build confidence in our residents to care for critically ill patients.

A typical PGY2 schedule is as follows:

PGY2	Weeks
Gen Med Floors	6-10
Specialty Floors	4-8
MSKCC	4
ED	4

Selective	6
Elective/Research	6
Night Float	4
MICU	4-8
CCU	2-8
Ambulatory Care	12-14
Vacation	4

uninsured populations. Additional time is spent in the outpatient subspecialty clinics, such as Cardiology, Gastroenterology, Nephrology, Pulmonary, Rheumatology and Endocrinology.

Complementing this extensive outpatient clinical exposure, we offer a rich, weekly academic half-day that includes seminars in core topics of primary care medicine, evidence-based medicine, and wellness sessions. Our residents also have an additional academic half-day each block for Art and Practice sessions, which focus on physician communication skills and transition-to-practice content. Woven throughout the block is our robust quality improvement curriculum which includes real-time, resident-driven project implementation, classroom didactics, and online certification modules. Finally, it is during the ambulatory blocks that residents engage in Simulation Lab activities

PGY3: For PGY3s, the formative experience is the time spent as the screening consult resident who is the liaison for patients going to the ICU and the medical consult resident who provides consultation to other services in the hospital. Seniors also spend time on the floors and in the critical care units to consolidate their leadership skills. Time is allocated for you to customize your schedule based upon your particular career interests.

A typical PGY3 Schedule is as follows:	
PGY3	Weeks
Gen Med Floors	4-8
Specialty Floors	2-4
MICU	2-4
Selective	6-8
Elective Research	8
ICU Screens	2-4
Medical Consult	2-4
Ambulatory Care	12-14
Vacation	4

PRIMARY CARE TRACK

The Internal Medicine Residency Program at Mount Sinai St. Luke's-West recognizes the unique skillset required of primary care physicians to practice in our current healthcare landscape. As such, we are thrilled to offer an innovative Primary Care Track for residents seeking to become experts in primary care medicine. Through this track, residents gain enhanced exposure to topics beyond those typically covered in the traditional ambulatory block. The track is fully integrated into our categorical program; Primary Care Track residents engage in the same rotations as their colleagues, including the Intensive Care Units, yet are provided increased elective time dedicated to primary care-related activities.

The track is composed of clinical and non-clinical experiences as well as weekly half-day didactic sessions during Primary Care elective blocks. Our outstanding faculty, who are committed to educating and mentoring the next generation of primary care physicians, bring to the table a broad range of clinical and academic interests. From the beginning of the PGY1 year, each Primary Care Track trainee is paired with a faculty member who will serve as their mentor for the duration of training. Through this track we aim to provide general skills training while supporting each resident in their particular area of interest within primary care.

Ambulatory Blocks: Our categorical residents spend approximately 25% of their time in the outpatient setting. It is during their ambulatory blocks that residents have the unique opportunity to serve as primary care providers for a panel of patients at one of three community-based centers. These centers are part of the William F. Ryan Community Health Network, a Federally Qualified Health Center accredited by the Joint Commission and an NCQA Level 3 Patient-Centered Medical Home, which provides high quality care to vulnerable, under- and

Features of our Primary Care Track include:

- Exposure to a multitude of primary care-relevant clinical opportunities
- Protected didactic sessions and workshops focused on primary care medicine topics
- One-on-one faculty mentorship
- Home visits with the nationally renowned Visiting Doctors Program at Mount Sinai
- Exposure to innovative practice models
- Longitudinal project engagement
- Individually-tailored elective schedules as PGY2 and PGY3

The training schedule is as follows:

PGY1: (3 elective blocks) PGY1s will have the opportunity to engage in a broad range of relevant clinical rotations including; Women’s health, musculo-skeletal medicine, home visits, dermatology, and exposure to innovative primary care practices. All PGY1’s will maintain a practice at the Ryan Adair Center in Central Harlem, located in a HRSA-designated medically underserved area, which will allow exposure to a diverse population with a multitude of complex diseases. Educational sessions for PGY1s cover a broad array of topics introducing residents to the fundamentals of primary care medicine such as health care policy and practice models, population health and empanelment, physician communication skills, musculoskeletal exam skills, coding and billing, behavioral health integration, hands-on procedural sessions in the Simulation Lab, ethics, reflection rounds, cultural competency, and geriatric medicine.

PGY2: (3 + elective blocks) PGY2s have the opportunity to participate in the sessions above in addition to crafting a more tailored schedule focused on their particular area of interest. Additional independent study time is allotted to allow residents to develop a longitudinal project with a focus on one aspect of comprehensive care. Such projects can include quality improvement initiatives, advocacy, and curriculum development and will be overseen by faculty mentors, with the goal of presenting the work to a broader academic audience.

PGY3: (3+ elective blocks) PGY3s will devote time to independent projects and individually-tailored clinical experiences, as well as hone their leadership and teaching skills through Resident-as-Preceptor sessions in the outpatient resident clinics. In addition, transition-to-practice didactics and career seminars will provide guidance toward life after residency. PGY3s will have the opportunity to lead some of the small group discussions for all PC Track residents centered on a topic of their choosing.

Applicants interested in the Primary Care Track should apply using our NRMP number listed at the back of this brochure. For further questions, please contact the Primary Care Track Director, Dr. Tamara Goldberg at tamara.goldberg@mountsinai.org.

PRELIMINARY RESIDENCY

Our preliminary program is designed to provide a solid one-year foundation in clinical medicine for those entering other specialties. You will receive a rigorous and thorough basic training in Internal Medicine, with rotations on general inpatient medicine, HIV medicine, Cardiology, and Critical Care medicine. By the end of training, graduates of our preliminary program are capable of managing most medical conditions. Additionally, all preliminary interns will have at least eight weeks of call-free elective time during the year, which can be spent in the Internal Medicine subspecialties, non-medical subspecialties (such as Radiology), and can be completed at any of the campuses in the Mount Sinai Health System.

A typical Preliminary Schedule is as follows:

Preliminary	Weeks
General Medicine Floors	16-20
Specialty Floors	8
MICU	4-6
Elective Research	8
Night Float	6
Vacation	4



The Class of 2017: Where are they now?

CATEGORICALS

Niloofer Anooshiravani	Allergy/Immunology	SUNY Downstate, NY
Mohammed Ahmed	Cardiology.	Ochsner Clinic Foundation, LA
Carlos Gongora	Cardiology.	Icahn School of Medicine/MSSSLW, NY
Kamala Kallur	Cardiology.	Icahn School of Medicine/MSSSLW, NY
Hafeez Ul Hassan	Cardiology.	Albert Einstein Med Ctr., PA
Byomesh Tripathi	Cardiology Imaging	Geisinger Medical Center, PA
Shaun Noronha	Critical Care.	Mayo Clinic School of Medicine, MN
Swathi Sangli	Critical Care.	Mayo Clinic School of Medicine, MN
Esra Kalkan	Endocrinology	Icahn School of Medicine/MSBI, NY
Medha Satyarengga	Endocrinology	University of Maryland Med Ctr, MD
Franco Vallejo	Endocrinology	NYU Langone, NY
Vijay Dalapathi	Gastroenterology	University of Rochester/Strong Memorial, NY
Michael Herman	Gastroenterology	Icahn School of Medicine/MSBI, NY
Paul Kroner	Gastroenterology	Mayo Clinic School of Grad Med Ed, FL
Praneet Wander	Gastroenterology	Hofstra/Northwell, NY
Falahat Farooqui	Geriatrics	University of Texas Med School-Houston, TX
Juskaran Chadha	Hematology/Oncology	Hofstra/Northwell-Lenox Hill, NY
Amit Correa	Hematology/Oncology	University of Texas Med Branch-Galveston, TX
Ibrahim Sahin	Hematology/Oncology	Emory University, GA
Guido Barmaimon	Pulmonary/Critical Care	Icahn School of Medicine/MSSSLW, NY
Boram Kim	Pulmonary/Critical Care	Icahn School of Medicine/MSSSLW, NY
Stefania Pirrotta	Pulmonary/Critical Care	University of Southern California, FL
Purav Shah	Pulmonary/Critical Care	Univ. Florida COM – Sands Hospital, FL
Vishal Tolia	Pulmonary/Critical Care	Stony Brook Hospital, NY
Vikram Soni	Radiation Oncology	Methodist Hospital, Brooklyn, NY
Deana Nes	Rheumatology	NYMC-Westchester Med Ctr, NY
Saika Sharmeen	Rheumatology	SUNY HSC, Brooklyn, NY
Zannat Kawsari	Sleep Medicine	Stony Brook, NY
Shilpkumar Arora	Hospital Medicine	Guthrie Medical Group, Sayre, PA
Ahmad Cheema	Hospital Medicine	Geisinger Medical Center, PA
Harold Elias	Hospital Medicine/Research	NYU Langone, NY
Syed Haider	Hospital Medicine/Cardiology.	Medstar Washington Hospital, DC
Carolina Hurtado	Hospital Medicine	Icahn School of Medicine/MSSSLW, NY
Maryum Hussain	Hospital Medicine	Ruby Memorial Hospital, Morgantown, WV
Abdul Mannan	Hospital Medicine	Ruby Memorial Hospital, Morgantown, WV
Sherin Mathews	Hospital Medicine	Undecided
Jams Tak	Hospital Medicine	Cleveland Clinic, OH
Mosammet Yasmin	Hospital Medicine	Einstein Hospital Med. Ctr, Montgomery, PA
Ashish Correa	Chief Resident.	Icahn School of Medicine/MSSSLW, NY
Jasmine Beria	Chief Resident.	Icahn School of Medicine/MSSSLW, NY
Rodrigo Garcia Tome	Chief Resident.	Icahn School of Medicine/MSSSLW, NY
Siddarth Kunte	Chief Resident.	Icahn School of Medicine/MSSSLW, NY
Lindsay Morrison	Chief Resident.	Icahn School of Medicine/MSSSLW, NY
Krishna Chokshi	Chief Resident.	Memorial Sloan Kettering Cancer Ctr, NY

PRELIMINARY INTERNS

Dwight Aberle	Radiology	Columbia University, NY
Tal Ben Amin	Ophthalmology	NYU Langone Medical Center, NY
Danielle Eve Binler	Anesthesiology	University of California San Francisco, CA
Stephanie Buchman	Neurology	NY Presbyterian/Weill Cornell, NY
Mudit Chowdhary	Radiation Oncology	Rush University Medical Center, IL
Katharine Dempsey	Ophthalmology	NYU Langone School of Medicine, NY
Jian Dong	Radiology	Brigham and Women's Hospital, MA
Eda Dou	Radiology	NY Presbyterian/Weill Cornell, NY
Lediana Goduni	Ophthalmology	NYU Langone School of Medicine, NY
Katherine K. Hallock	Dermatology.	Penn State Health Milton S. Hershey, PA
Taryn Huizenga	Dermatology.	Wayne State University School of Med, MI
Shivani Kaushik	Dermatology.	Icahn School of Medicine at Mount Sinai, NY
Dan Liu	Ophthalmology	Stanford University School of Medicine, CA
Philip A. Petrou	Anesthesiology	Stanford University School of Medicine, CA
Erin Pizarro	Anesthesiology	NYU Langone School of Medicine, NY
Rebecca McNeill Sieburth	Ophthalmology	University of Virginia School of Medicine, VA
Dmitry Timerman	Dermatology.	NYU Langone School of Medicine, NY
Prashant Vempati	Radiation Oncology	Undecided
Vanessa Bailyn Voss	Dermatology.	Stony Brook University

CHIEF RESIDENTS

Regina Belokovskaya	Endocrinology	Icahn School of Medicine/MSH, NY
Jasjit Bhinder	Cardiology.	NYMC-Westchester Med Ctr, NY
Adedapo Iluoyamade	Cardiology.	Univ. of Miami-Jackson Mem. Hosp., FL
Vicente San Martin	Endocrinology	Cleveland Clinic Foundation, OH
Eric Yudelevich	Primary Care	Cleveland Clinic Foundation, OH

Our Residents



Our residents match the diversity of the patients we serve. They come from New York City, the tri-state region, across the United States and all over the world. Our residents embrace the opportunity to learn about different cultures and traditions as much as from each other as from their patients.

Five exceptional and dedicated housestaff are chosen annually to stay on an additional year. They are role models, educators, leaders and housestaff advocates. In addition to scheduling conferences and speakers at Grand Rounds, they are an invaluable resource for teaching, conducting rounds, disseminating medical literature and overseeing administrative and educational aspects of the program.

RESIDENT LIFE

While the demands of residency are great, it is possible to take advantage of living in one of the greatest, most culturally vibrant cities on the planet. Throughout the year there are numerous planned activities that build camaraderie among the residents and allow you to have a good time. From the talent show to the holiday party to the end-of-the-year party, our residents truly enjoy each other's company and like to spend time hanging out with each other. In addition, residents participate in a soccer club, happy hours and promotional group activities such as theater, museum and Central Park events.

Housing: The hospital provides housing for residents across the street from Mount Sinai West Hospital. The two buildings located at 515 West 59th Street and 10 Amsterdam Avenue have apartments for residents at a subsidized rate, below market-value. Studios, one- and two-bedroom apartments are available, each with modern amenities like heating/air-conditioning units, laundry machines in the building and 24-hour security.

Transportation: There is a bus service ("the Jitney") provided between our St. Luke's and West campuses and most housestaff use that or public transportation to get around. For those residents who choose to live off-campus, and to drive to work, there is subsidized parking at lots conveniently located near the hospitals.

Benefits & Salary: Residents at Mount Sinai St. Luke's and Mount Sinai West are all part of the Committee of Interns and Residents (CIR) union.

Representatives are chosen from the department and serve as delegates for the residents. The compensation package includes comprehensive medical, dental and vision benefits, as well as life insurance. In addition, residents receive four weeks of paid vacation, malpractice insurance paid by the hospital, disability insurance and reimbursement for travel to academic conferences.

Year	Salary
PGY1	\$63,935
PGY2	\$68,124
PGY3	\$72,297

HOW TO APPLY

The hospitals of the Mount Sinai Health System select trainees based on their ability and without regard to race, color, creed, religion, national origin, age, gender, marital status, military status, disability, citizenship, genetic predisposition, sexual preference, or any other characteristic protected by law.

The Department of Medicine accepts applications exclusively through the Electronic Residency Application System (ERAS). In November 2015, Mount Sinai Roosevelt name was change to Mount Sinai West. The ACGME program may still reflect the old name.

Program Name	NRMP Number
Internal Medicine	2070140C0
Medicine-Primary	2070140M0
Medicine-Prelim	2070140P0

Required Documentation

- Personal statement
- Dean's letter
- Medical school transcript
- Three letters of recommendation, at least one of which is written by faculty from the applicant's home institution's Department of Medicine
- Medical school graduation: 2012 or later

While we do not have minimum score requirements for the United States Medical Licensing Examination (USMLE), typically candidates who match with us have a score above 240. Only applicants who cleared the USMLE or COMLEX at **first attempt** will be considered.

- We sponsor J-1 and H1-B visas.
- Clinical experience within the past two years is preferred.
- US clinical experience is desired.
- We do not offer pre-matches.
- ECFMG certification by the time of interview is helpful but not required

Application Timeline	
September 15:	ERAS post office opens
Late September:	Begin screening applications
Early October:	Begin sending interview
End of October:	Interviews begin
December 15:	Application deadline
Mid-January:	Interviews end
Late February:	Rank lists entered

Interviews: We interview candidates from mid-October to mid-January. The interviews are conducted on Tuesdays and Wednesdays.

Interview Day: The interview day begins at 8:00 am; a continental breakfast is served. The morning session may be either at Mount Sinai St. Luke's or at Mount Sinai West. You will hear a presentation from the programs leadership describing various features of our program, attend Morning Report, take a tour of the hospital and be interviewed by two faculty members. You will also have lunch with the housestaff, affording you the opportunity to get to know them and ask questions. After lunch, you will be taken by the Jitney to tour the other hospital. The tour at West will also include a visit to the subsidized resident's housing located across the street. The interview day ends at approximately 2:30 pm. For information on directions and parking, please refer to our website.

For IMGs

J-1 Exchange Visa: The J-1 has been the visa most commonly held by international medical graduates (IMGs) engaged in residency training in the United States. The Graduate Medical Education (GME) Office of Mount Sinai St. Luke's and Mount Sinai West Hospitals is responsible for processing of J-1 visa applications for physicians participating in clinical training programs.

H1-B Temporary Worker Visas: Under certain circumstances, the Graduate Medical Education (GME) office at Mount Sinai St. Luke's and Mount Sinai West may sponsor international medical graduates for H1-B visas for the purpose of receiving graduate medical education training. The only candidates who will be considered for H1-B sponsorship must be categorical candidates entering a training program of at least two years in length, who are (1) ECFMG certified and (2) must have also passed the USMLE step 3 by the time of the match result (usually mid-March). All sponsored candidates for H1-B visas must use the services of the lawyer associated with our GME.

Other Work Permits: If you are expecting to receive a work permit by means other than the J-1 or H1-B visas, please review the circumstances with the program director or coordinator who will communicate this information to the GME Office.

Please note that we do not offer observerships or externships.

CONTACT US

Mount Sinai St. Luke's
1111 Amsterdam Avenue
New York, NY 10025

Mount Sinai West
1000 Tenth Avenue
New York, NY 10019

FOR ANY QUESTIONS, PLEASE CONTACT:

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Icahn School
of Medicine at
**Mount
Sinai**

**Mount Sinai St. Luke's & Mount Sinai West
Internal Medicine Residency Program**

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